

ATHLETE DRUG FREE DECLARATION

This NPC event is a Drug-Tested National Qualifier. By participating in this contest, I understand that use of any the following substances is prohibited and am aware the timeframe for which use is banned <https://npcnewsonline.com/npc-ifbb-pro-natural-contest-rules/>:

- **ANABOLIC STEROIDS** including but not limited to bolasterone, boldenone (Equipose), chloroxomesterone (dehydrochloromethyltestosterone), clostebol, fluoxymesterone (Halotestin), mesterolone, methandienone (Dianabol), methanolone, methyltestosterone, nandrolone (Deca), norethandrolone, oxandrolone (Anavar), oxymetholone (Anadrol), trenbolone (Tren), stanozolol (Winstrol), testosterone and all other related compounds.
- **TESTOSTERONE** and/or any other Hormone Replacement Therapy (HRT), **including physician-prescribed**. Estrogen and Progesterone are permitted.
- **GROWTH HORMONES** (PHARMACEUTICAL HGH, HCG and any other related compound).
- **PRESCRIPTION DIURETICS** – Lasix, Spironolactone, Dyazide, or any other prescription weight-loss substance, **including physician-prescribed**.
- **CLENBUTEROL, GHB, DNP** (Dinitrophenol)
- **INSULIN** when used for the purpose of bodybuilding (prescribed insulin is permitted)
- **PEPTIDES/RESEARCH COMPOUNDS** – CJC-1295, BPC-157, Tesa/Sermorelin, etc.
- **SARMS/SERMS** – to include, but not limited to, clomiphene and enclomiphene
- **INSULIN MANIPULATORS** that are being used solely for weight loss purposes (e.g.; Wegovy, Ozempic, Metformin, Rybelsus, etc.)
- **THYROID HORMONES** when used for bodybuilding purposes including but not limited to: Synthroid, T3, T4 (prescribed thyroid hormones are permitted)
- **MUSCLE IMPLANTS OR INJECTIONS OF ANY KIND (including synthol)**

I attest that I, _____ (print name) have read the above list and have not ingested, injected or otherwise consumed any substance prohibited in the rules of this competition within the timeframe use is disallowed.

Athlete Signature: _____

Date: ____/____/____